

NEW MENU 2016

Week 1 Menu

Week commencing: 24th October, 14th November & 5th December.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Farm Assured Pork & Apple Burger in a Flourey Bap Jacket Potato Baked Beans	Farm Assured Chicken Casserole Minted New Potatoes Savoy Cabbage	Farm Assured Lamb Lasagne Garden Peas	Farm Assured Roasted Pork with Apple Sauce Creamy Mashed Potato Broccoli Gravy	MSC Battered Fish & Salmon Fishcakes Chips Garden Peas Baked Beans
Vegetable Pasta Spiral Bake with a Cheesy Top Green Beans	Roasted Vegetable Pizza Sweetcorn Rice	Winter Vegetable Casserole Fluffy White Rice Cauliflower Cheese	Vegetarian Shepherd's Pie Creamy Mashed Potato Glazed Carrot Batons Gravy	Macaroni Cheese Chips Garden Peas Baked Beans
Foccacia Slice	Farmhouse Batch	Garlic Slice	Poppy Seed Wedge	Wholemeal Mini Roll
Strawberry Shortbread Or Butterscotch Whip	Chocolate and Pear Sponge & Chocolate Sauce Or Cherry Flapjack	Carrot Cake Or Rice Pudding with Fruit Coulis	Winter Berry & Apple Crumble & Custard Or Devonshire Splits	Blueberry Muffin Or Jambo Biscuit



FRESH FRUIT & YOGURTS AVAILABLE DAILY!

Week 2 Menu

Week commencing: 31st October, 21st November & 12th December.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MSC Fish Bites & Lemon Wedge New Potatoes Garden Peas	Farm Assured Roast Lamb Golden Roast Potatoes Carrot Batons Gravy	Farm Assured Lamb Bolognaise Oodles of Pasta Peas and Sweetcorn Crudités	Farm Assured Roast Turkey Golden Roast Potatoes Broccoli & Carrots Gravy	Farm Assured Pork Sausage Chips Garden Peas Baked Beans
Homemade Lentil Vegetarian Burger in a Bun Half Jacket Potato Sweetcorn	Mild Vegetarian Chilli Savoury Rice	Margherita Pizza Half Jacket Potato Crudités with Cucumber and Yoghurt Dip	Cheese and Onion Quiche Creamy Mashed Potato Broccoli & Carrots	Quorn Dippers Chips Garden Peas Baked Beans
Rustic Oatie Twist	Tomato Flatbread	Garlic Slice	Pumpkin Batch	Mini Bap
Bramley Apple Crumble & Custard Or Feather Iced Mint Cake	Pineapple Upside Down Sponge & Custard Or Mandarin Cheesecake	Chocolate Cake Or Oat & Sultana Cookie	Apple Cake & Custard Or Very Berry Waffles	Arctic Roll Or Lemon Drizzle Cake

WE CAN CATER FOR SPECIAL DIETS
Children who require a special diet should complete a medical diet school meal request form, available from the school office.

Week 3 Menu

Week commencing: 7th November & 28th November.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Farm Assured Lamb Shepherds Pie Parsley Potatoes Garden Peas Gravy	Farm Assured Roast Gammon Minted New Potatoes Cauliflower Gravy	Farm Assured Chicken Cobbler with Scone Top Creamy Mashed Potato Carrots Gravy	Farm Assured Roast Turkey with Sage & Onion Stuffing Golden Roast Potatoes Green Cabbage Gravy	MSC Fish Fingers with Lemon Wedge Chips Garden Peas Baked Beans
Mediterranean Pasta Bake With a Cheesy Top Sweetcorn	Cheesy Onion & Potato Bake Green Beans Cauliflower	Quorn Tikka Masala Fluffy Rice Garden Peas Cucumber Sticks	Winter Vegetable Pie with a Crispy Potato Crust Golden Roast Potatoes Green Cabbage Gravy	Quorn Burger in a flourey bap Chips Garden Peas Baked Beans
Garlic Slice	Tomato Flatbread	Crusty Baguette	Wholemeal Plait	Flourey Bap
Raspberry Cupcake Or Chocolate Krispy	Strawberry Jelly & Cream Or Eves Pudding & Custard	Chocolate Brownie Or Gingerbread & Lemon Sauce	Treacle Sponge & Custard Or Lemon Shortcake	Bananas and Custard Or Afghan Biscuits



FRESH SEASONAL LOCAL VEGETABLES/SALAD OFFERED EVERYDAY!