

MENU

Week 1 Menu

Week commencing: 6th Jan/27th Jan/24th Feb/16th March

MEAT OPTION

VEGETARIAN OPTION

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Shepherds Pie (Lamb) Vegetable Medley Gravy	Chicken Pie Mash Potato Cabbage & Cauliflower Gravy	Spaghetti Bolognese (Lamb) Peas & Sweetcorn	Roast Turkey & Stuffing Roast Potatoes Green Beans & Carrots Gravy	Pork Sausage Chips Beans or Sweetcorn
Cheese & Tomato Pasta Vegetable Medley	Quorn Vegetarian Sausage Mash Potato Cabbage & Cauliflower	Margarita Pizza Potato Wedges Peas & Sweetcorn	Quorn Fillets Roast Potatoes Green Beans & Carrots Gravy	Vegetable Fingers Chips Beans or Sweetcorn
Jacket Potato Chilli (Lamb)	Jacket Potato Tuna Mayo	Jacket Potato Chicken Mayo	Jacket Potato Cheese	Jacket Potato Beans
Salad	Salad	Salad	Salad	Salad
Fruit Crumble Custard	Chocolate Brownies	Jelly	Chocolate & Vanilla Swirls	Ice Cream



FRESH FRUIT & YOGURTS AVAILABLE DAILY!

Week 2 Menu

Week commencing: 13th Jan/3rd Feb/2nd March/23rd March

MEAT OPTION

VEGETARIAN OPTION

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Pork Meatballs Rice Mixed Vegetables	Roast Pork & Stuffing Roast Potatoes Vegetable Medley Gravy	Lasagne (Lamb) Sweetcorn Green Beans	Pork Sausage Mash Potato Carrots & Peas Gravy	MSC Fish Fingers Chips Beans or Peas
Macaroni Cheese Mixed Vegetables	Cheese & Potato Pie Roast Potatoes Vegetable Medley	Quorn Tikka Curry Rice Sweetcorn Green Beans	Vegetable Pie Mash Potato Carrots & Peas Gravy	Quorn Dippers Chips Beans or Peas
Jacket Potato Bolognese (Lamb)	Jacket Potato Chicken Mayo	Jacket Potato Beans	Jacket Potato Tuna & Mayo	Jacket Potato Cheese
Salad	Salad	Salad	Salad	Salad
Krispie Cakes	Rice Pudding	Chocolate Sponge Chocolate Sauce	Fruit Topped Cheesecake	Ice Cream

WE CAN CATER FOR SPECIAL DIETS

Children who require a special diet should complete a medical diet school meal request form, available from the school office.

Week 3 Menu

Week commencing: 20th Jan/10th Feb/9th March/30th March

MEAT OPTION

VEGETARIAN OPTION

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Chicken & Red Pepper Pizza Peas Sweetcorn	Gammon New Potatoes Cauliflower & Carrots Gravy	Chicken Curry Rice	Pork Sausage Casserole Mash Potato Green Beans	MSC Battered Fish Chips Peas or Beans
Vegetarian Bolognese Pasta Shapes	Vegetarian Meatballs Spaghetti	Vegetable Pasta Bake	Vegetable Lasagne Green Beans	Quorn Wraps Chips Salad
Jacket Potato Tuna & Mayo	Jacket Potato Vegetarian Chilli	Jacket Potato Cheese	Jacket Potato Chicken Mayo	Jacket Potato Beans
Salad	Salad	Salad	Salad	Salad
Fruit Muffins	Apple Pie Custard	Melting Moments	Chocolate Shortbread	Ice Cream



FRESH SEASONAL LOCAL VEGETABLES/SALAD

- Meat Option
- Vegetarian Option
- Gravy is Vegetarian/Wheat Free/Gluten Free
- Cereals containing gluten
- Milk
- Eggs
- Fish
- Soya
- SO Sulphur dioxide